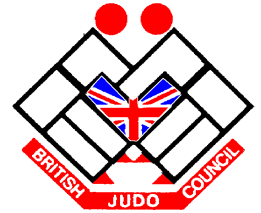


BJC Nage-No-Kata Grading Assessment Sheet



Name.....								
Age..... BJC Number.....								
Grade..... Contest Yes.....No.....								
		Very Good	Good	Satisfactory	Needs Improvement	Comments Indicate Errors by / Should the Assessor wish to see a technique again, indicate with ?		
Opening the Kata								
Te-Waza Hand Techniques	UKI-OTOSHI Floating Drop							
	KATA-SEOI-NAGE Single Arm Shoulder Throw							
	KATA-GURUMA Shoulder Wheel							
Koshi-Waza Loin Techniques	UKI-GOSHI Floating Hip							
	HARAI-GOSHI Sweeping Hip							
	TSURI-KOMI-GOSHI Lift Pull Hip							
Ashi-Waza Foot & Leg Techniques	OKURI-ASHI-HARAI Sweeping Ankle							
	SASAE-TSURI-KOMI-ASHI Propping Drawing Ankle							
	UCHI-MATA Inner Thigh							
Masutemi- Waza Rear Sacrifice	TOMOE-NAGE Stomach Throw							
	URA-NAGE Rear Throw							
	SUMI-GAESHI Corner Throw							
Yoko-Sutemi- Waza Side Sacrifice	YOKO-GAKE Side Dash							
	YOKO-GURUMA Side Wheel							
	UKI-WAZA Floating Throw							
Closing the Kata								
Grade	Kata Required							
Club Coach 1st set as Tori & Uke					2	= Failure		
2nd Kyu	1st Set				2	= Failure		
1st Kyu	1st & 2nd Set				4	= Failure		
1st Dan	Complete				4	= Failure		
2nd Dan	Candidates Choice				4	= Failure		
3rd Dan	Complete				4	= Failure		
4th Dan	Candidates Choice				3	= Failure		
5th Dan	Assessor's Choice				3	= Failure		
	Shudoshadai Ichi All as Tori				3	= Failure		
	Shudoshadai Ni all as Tori				3	= Failure		
	Shudoshadai Ni all as Uke				3	= Failure		
	Shudoshadai San all as Tori				2	= Failure		
	Shudoshadai San all as Uke				2	= Failure		

Assessor's signature.....Print Assessor's Name..... BJC Number.....

Venue.....Date..... 051117