

BJC Katame-No-Kata Grading Assessment Sheet



	Name AgeBJC Number GradeContest YesNo		Neva	Good	od spirit	contraction of the second of t	Comments Indicate Errors by / Should the Assessor wish to see a technique again, indicate by ?
	Opening the Kata						
First Set OSAE-KOMI-WAZA Holding Techniques	KUZURE-KESA-GATAME Broken Scarf Hold						
	KATA-GATAME Shoulder Hold						
	KAMI-SHIHO-GATAME Upper Forequarter Hold						
	YOKO-SHIHO-GATAME Side Forequarter Hold						
	KUZURE-KAMI-SHIHO-GATAME Broken Upper Forequarter Hold						
Second Set SHIME-WAZA Strangling Techniques	KATA-JUJI-JIME Half Cross Strangle						
	HADAKA-JIME Naked Strangle						
	OKURI-ERI-JIME						
	Sliding Collar Strangle KATA-HA-JIME						
	Single Wing Strangle GYAKU-JUJI-JIME						
	Reverse Cross Strangle UDE-GARAMI						
Third Set KANSETSU-WAZA Dislocation Techniques	Entangled Arm Lock						
	UDE-HISHIGI-JUJI-GATAME Cross Arm Lock						
	UDE-HISHIGI-UDE-GATAME Arm Crush						
	UDE-HISHIGI-HIZA-GATAME Knee Arm Lock						
	ASHI-GARAMI Entangled Leg Lock						
	Closing the Kata						
Grade	Kata Required						
	Club Coach 1st Set as Tori				2	= Failure	
2nd Kyu	1st Set. See Overleaf				3	= Failure	
1st Kyu	1st & 2nd Set. See Overleaf				4	= Failure	
1st Dan	1st & 2nd Set. See Overleaf.				3	= Failure	
2nd Dan	Complete				4	= Failure	
3rd Dan	See Overleaf See Overleaf				3	= Failure	
4th Dan	Shudoshadai Ichi All as Tori				3	= Failure = Failure	
Shudoshadai Ni all as Tori					3	= Failure	
Shudoshadai Ni all as Uke					3	= Failure	
Shudoshadai San all as Tori					2	= Failure	
Shudoshadai San all as Uke 2					= Failure		
Assessor's NameBJC Number							
venue	Dale					031117	