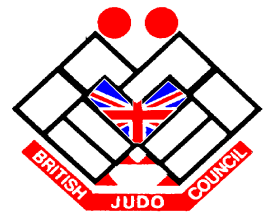


BJC Juno-Kata Grading Assessment Sheet



Name.....							
Age..... BJC Number.....							
Grade..... Contest Yes.....No.....							
		Very Good	Good	Satisfactory	Needs Improvement	Comments Indicate Errors by / Should the Assessor wish to see a technique again, indicate with ?	
First Set	Opening the Kata						
	TSUKI-DASHI Forward thrust						
	KATA-OSHI Shoulder Push						
	RYO-TE-DORI Double wrist grip						
	KATA-MAWASHI Shoulder turn						
Second Set	AGO-OSHI Jaw push						
	KIRI-OROSHI Downward cut						
	RYO-KATA-OSHI Double shoulder press						
	NANAME-UCHI Slanting cut						
	KATA-TE-DORI One hand grip						
Third Set	KATA-TE-AGE Arm raising						
	OBI-TORI Belt seizure						
	MUNE-OSHI Chest push						
	TSUKI-AGE Upper cut						
	UCHI-OROSHI Downward blow						
	RYO-GAN-TSUKI Thrust to eyes						
	Closing the Kata						
Grade	Kata Required						
	Club Coach 1st set as Tori & Uke				2	= Failure	
2nd Kyu	1st Set N/Contest				2	= Failure	
1st Kyu	1st & 2nd Set N/ Contest				4	= Failure	
1st Dan	Non Contest complete				5	= Failure	
2nd Dan	Candidates Choice see over				4	= Failure	
3rd Dan	Candidates Choice see over				4	= Failure	
4th Dan	Candidates Choice see over				3	= Failure	
5th Dan	Assessor's choice see over				3	= Failure	
	Shudoshadai Ichi All as Tori				3	= Failure	
	Shudoshadai Ni all as Tori				3	= Failure	
	Shudoshadai Ni all as Uke				3	= Failure	
	Shudoshadai San all as Tori				2	= Failure	
	Shudoshadai San all as Uke				2	= Failure	

Assessor's Name.....Print Assessor's Name..... BJC Number.....

Venue.....Date.....

051117