

BRITISH JUDO COUNCIL KATA REQUIREMENTS FOR SENIOR GRADES

For Contest Grades - As Tori							
	2nd Kyu	1st Kyu	1st Dan	2nd Dan	3rd Dan	4th Dan	5th Dan
1. Katame-No-Kata	1st Set	1st & 2nd Set	1st & 2nd Set	Complete		Candidate's Choice Any 2 Kata Complete	Assessor's Choice Any 3 Kata from all or from a previous grading
2. Nage-No-Kata	1st Set	1st & 2nd Set	Complete		Complete		
3. Ju-No-Kata				Candidate's Choice One of either: Ju-No-Kata, Goshin-Jutsu, Kime-No-Kata or Kaeshi-No-Kata (Complete)	Candidate's Choice One of the four Kata not demonstrated for 2nd Dan		
4. Goshin-Jutsu							
5. Kime-No-Kata							
6. Kaeshi-No-Kata							
7. Itsutsu-No-Kata							

Kata may be **pre-assessed**, if so approved. Otherwise Kata **assessment** is required on the day of contest.

For Non-Contest Grades - As Uke and Tori							
	2nd Kyu	1st Kyu	1st Dan	2nd Dan	3rd Dan	4th Dan	5th Dan
1. Katame-No-Kata	1st Set	1st & 2nd Set	1st & 2nd Set	Complete		Candidate's Choice Any 2 Kata Complete	Assessor's Choice Any 3 Kata from all or from a previous grading
2. Nage-No-Kata	1st Set	1st & 2nd Set	Complete		Complete		
3. Ju-No-Kata	1st Set	1st & 2nd Set	Complete	Candidate's Choice One of either: Ju-No-Kata, Goshin-Jutsu or Kime-No-Kata (Complete)	Candidate's Choice One of the three Kata not demonstrated for 2nd Dan		
4. Goshin-Jutsu							
5. Kime-No-Kata							
6. Kaeshi-No-Kata							
7. Itsutsu-No-Kata				Complete	Complete		

For grading of 2nd Dan & above, a record of which Kata has been demonstrated must be noted on the BJC licence, with the date, place & grade.

This would indicate a demonstration of a quality of Kata appropriate to the grade achieved.

All Kata demonstrated must be essentially to the BJC standard as found in the published BJC Kata booklets.

BJC National Technical Committee.

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