



# BJC Kata Tournament 2026



1st March 2026 • 9.30am Registration • 10.00am Start  
Batchwood Sports centre.  
Batchwood Drive  
St Albans, AL3 5XA

**PLEASE READ THESE RULES CAREFULLY BEFORE FILLING IN THE ENTRY FORM**

## Conditions of Entry

1. This event is open to BJC, BJA & AJA. Entrant's must produce a current, valid Judo licence properly completed with their details including photograph and date of birth upon booking in at the event. This Tournament will be run over 2 Mats.
2. Tournament entry is £15 per person for Seniors plus £8.00 per person for each additional Kata and £10 per person for Juniors plus £5 per person for each additional Kata (**Maximum 3 Kata per person**).
3. All entries must be received by the end of the 20<sup>th</sup> February 2026.
4. We reserve the right to restrict any category(s).
5. Individual entrants (if 18 or over), their parents (if under 18) and their coaches should satisfy themselves that the entrant is in a suitable physical condition to participate in this event. Any doubts should be referred to Head Office at least one week before the Tournament (or the Tournament Director, on the day, if something has arisen immediately prior to the event).
6. There may be ongoing medical issues which, whilst not precluding entry are nonetheless, issues of which the judges on the mat should be aware. It is a requirement that such issues are detailed on the entry form. An example would be "Asthmatic needs an inhaler at the side of the mat".
7. The BJC reserve the right to record by film or video, all or any part of the Tournament.
8. Entrants should enter the category for the oldest member of the pair or for Seniors, the highest grade of the pair.
9. Kata pairs may be made of single or mixed gender but can only enter a category once.
10. On the day, Registration is open at 9.30am for a prompt start at 10.00am  
(We hope to be able to have a practice mat open as early as possible).

## Tournament Regulations



No coaching will be allowed during the Tournament.



Judogi must comply with BJC Contest Rules. Females must additionally wear a plain white, high-neck T-shirt. Please see [http://bjcjudoevents.org.uk/bjc\\_contest\\_rules.pdf](http://bjcjudoevents.org.uk/bjc_contest_rules.pdf)



For reasons of safety drink containers or refreshments are not allowed mat side.



All competitors must comply with the regulations regarding footwear, i.e. Zori only to be worn to the side of the mat. Trainers, crocs or other shoes etc are not permitted.



Medals will be awarded to the top 3 pairs in each category.



For safety, only wooden weapons are permitted & guns must have no trigger guard.

Photographs and video will be taken at this event. If you do not wish your child to be photographed, please speak to the Tournament organisers prior to your child

demonstrating who will use their best endeavours to prevent your child being videoed or photographed.

Entries to British Judo Council, 37 High Street, Stalham, Norfolk, NR12 9AH. Please send postal entries to the address above or email entries to [admin@britishjudocouncil.org](mailto:admin@britishjudocouncil.org)

To pay by card, please contact BJC HQ on 01692580900

or BACS transfer to B.J.C sort code; 20-17-20 Account number; 83012263



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## Primary and Younger Junior Entrants (age 8-11 years):

**Nage No Kata** – Second and Third set only

**Katame No Kata** – First set only

**Ju No Kata** – First set only (5 techniques)

| Entrants |  | DOB | Kata | List Set(s) |
|----------|--|-----|------|-------------|
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |

## Older Junior Entrants (age 12-15 years):

**Nage No Kata** – First three sets only

**Katame No Kata** – First set only

**Ju No Kata** – First set only (5 techniques)

| Entrants |  | DOB | Kata | List Set(s) |
|----------|--|-----|------|-------------|
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |



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## Senior Entrants (age 16+ years):

**Nage No Kata – 6<sup>th</sup> - 3<sup>rd</sup> Kyu - First three sets only**

**2<sup>nd</sup> Kyu and above – Full Kata**

**Katame No Kata – 6<sup>th</sup> - 3<sup>rd</sup> Kyu - First set only**

**2<sup>nd</sup> Kyu and above – Full Kata**

**Ju No Kata – 6<sup>th</sup> - 3<sup>rd</sup> Kyu - First two sets only (10 techniques)**

**2<sup>nd</sup> Kyu and above – Full Kata**

**Kime No Kata – All grades – Full Kata**

**Goshin Jutsu – All grades – Full Kata**

**Itsutsu Kata – All grades – Full Kata**

| Entrants |  | DOB | Kata | List Set(s) |
|----------|--|-----|------|-------------|
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |



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## Adaptive Kata (age 8+ years):

Suitable for Judoka with a Learning or Physical disability, please contact BJC head office to discuss entries.

**Nage No Kata – 8 - 15 years – Second and third set only**  
**16+ years – First three sets only**

**Katame No Kata – 8 - 15 years – First set only**  
**16+ years – First two sets only**

**Ju No Kata – 8 - 15 years – First set only (5 techniques)**  
**16+ years – First two sets only (10 techniques)**

| Entrants |  | DOB | Kata | List Set(s) |
|----------|--|-----|------|-------------|
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |
| Tori     |  |     |      |             |
| Uke      |  |     |      |             |