

**BJC Nottingham Area  
and the British Judo Council**

P r e s e n t



British Judo Council  
Nottingham Area



# a PRESIDENTS Weekend Judo Course

## 4th & 5th October 2025

All Levels of Judo Experience Welcome



Technical Judo  
Randori  
Kata  
Grading

*Something for Everyone!*

Joseph Whitaker Sports Collage  
Warsop Lane, Rainworth, Nottingham NG21 0AG

The British Judo Council 37 High Street, Stalham, Norfolk, NR12 9AH.  
Tel: 01692 580 900 ; Email: [admin@britishjudocouncil.org](mailto:admin@britishjudocouncil.org)



British Judo Council  
Nottingham Area

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 BRITISH JUDO COUNCIL

# British Judo Council Nottingham Presidents Course 2025

4th & 5th October 2025

Joseph Whitaker Sports Collage; Warsop Lane, Rainworth, Notts NG21 0AG

Saturday 4th : Registration opens 9.00 am

Time table and content subject to adaption.

10.00 am			Welcome to the course and Introductions.		
		<b>Mat 1 and 2</b>		<b>Mat 3</b>	
10.15 am	Developing Your Techniques (experience relevant groups) Tachiwaza & Newaza		Kata Clinic and Kata Focus		
11.15 am			Comfort Break.		
11.30 am	Developing Your Techniques (experience relevant groups) Tachiwaza & Newaza		Kata Clinic and Kata Focus		
12.30 pm			Lunch Break.		
1.30 pm	Developing Your Techniques (experience relevant groups) Tachiwaza & Newaza		Kata Clinic and Kata Focus		
2.30 pm			Comfort Break.		
2.45-3.45 pm	Developing Your Techniques (experience relevant groups) Tachiwaza & Newaza		Kata Clinic and Kata Focus		
4.00-5.00 pm			Randori Open to All		

Sunday 5th : Registration opens 9.15 am

10.00 am				Welcome Back to the course.			
		<b>Mat 1</b>		<b>Mat 2</b>		<b>Mat 3</b>	
10.05 am	Developing Techniques into Skill		Exploring the Technical Syllabus		Kata Clinic and Kata Focus		
11.00 am				Comfort Break.			
11.15 am	Holistic Skill Building		National Grading  Kata Examination				
Lunch Break.							
1.00 pm	*Practical Training Methods						
3-30 pm				Presentations**			

\* Class subject to change dependent upon attendees and Grading participants

\*\* Estimated Finish Time  
Subject to change

Register for the Course by Telephoning : 01692 580 900 or Email: [admin@britishjudocouncil.org](mailto:admin@britishjudocouncil.org)  
The British Judo Council 37 High Street, Stalham, Norfolk, NR12 9AH.

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Warsop Lane, Rainworth, Nottingham NG21 0AG

**Saturday 4th & Sunday 5th October 2025**



British Judo Council  
Nottingham Area

## *Useful Information*

### **Acomodation**

Travel Lodge Mansfield, Gilcroft Street Mansfield NG18 1BG tel 0871 984 6563

There are lots of pubs and restaurants within a short walk of Hotel

this hotel is 8 miles from both Sherwood Forest Visitor Centre  
and Hardwick Hall, an Elizabethan country house.

It's a 9-minute walk from Mansfield train station.

There are many other hotels and B&B in the area at reasonable prices,  
Including Holly Lodge Country Guest House, Ricket Ln, Blidworth,  
Mansfield NG21 0NQ tel07974 242245 and Pine Lodge Hotel & Restaurant,  
281 Nottingham Rd, Mansfield NG18 4SE tel 01623 255524.

### **Should I Bring the Family ?**

There are lots of things to do for none Judoka in your family while  
you are on the Mat,

Why not visit, White post farm, Mansfield Rd Farnsfield NG22 8 HX

The Major Oak, Edwinstowe NG21 9PF

Vicar Water Country Park, Mansfield NG21 9AG

Jangos indoor Play, Forest Town NG19 OGG

All these locations are within 3 miles of venue.

### **What do I need to participate ?**

You will need with you a valid upto date BJC, BJA or AJA Licence,  
We ask you use a plain, clean, white Judogi in keeping with BJC heritage.  
Don't forget your zoris to come to the mat in and please bring lots of  
enthusiasm and good sprits for a great weekend to make and renew  
some fantastic Judo friendships.

If you are unsure about anything ask your club coach or contact the  
the BJC head office on 01692 580 900.

This course is open to Judoka with a valid BJC, BJA or AJA licence.  
Instruction will be given by qualified coaches who all have the relevant  
qualifications and up to date insurance and credentials.

In addition to the qualified coaches and senior grades there will be

Stuart Otani : Vice President of the British Judo Council

Beryl Cooke : BJC Technical Committee Member.

Alan Carlisle : BJC National Course Technical Director

Roger Harris : BJC Events Committee Chairman

Karl Barker : Nottingham Area Technical Officer

First aid and welfare support, as well as on site food and beverage will be available.

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