

THE BRITISH JUDO COUNCIL

Presents!!

PRESIDENTS JUDO COURSE



BRIDGEWATER ROBERT BLAKE & ELMWOOD LEISURE,
HAMP AVENUE, BRIDGEWATER, TA6 6AW

SATURDAY 25th & SUNDAY 26th JANUARY 2025

**** NOT TO BE MISSED ****

SATURDAY RANDORI SESSION 4.00 - 5.30 PM

BJC HIGH GRADES

DELIVERING COMPREHENSIVE QUALITY INSTRUCTION

SATURDAY & SUNDAY PROGRAMME

TECHNICAL TRAINING
TACHI WAZA & NE WAZA
COUNTERS & COMBINATIONS

SATURDAY PROGRAMME

KATA INSTRUCTION
GOSHIN JUTSU
GENERAL KATA INSTRUCTION

SUNDAY PROGRAMME

GRADING THEORY & CONTEST
ALL GRADES TO 5TH DAN



FOR MORE INFORMATION CONTACT:

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