

British Judo Council Kata Requirements for Senior Grades

FOR CONTEST GRADES – AS TORI							
	2 nd Kyu	1 st Kyu	1 st Dan	2 nd Dan	3 rd Dan	4 th Dan	5 th Dan
1. Katame-No-Kata	1 st Set	1 st & 2 nd Set	1 st & 2 nd Set	Complete		Candidate's Choice Any 2 Kata	Assessor's Choice Any 3 Kata from all or from a previous grading
2. Nage-No-Kata	1 st Set	1 st & 2 nd Set	Complete		Complete		
3. Ju-No-Kata				Candidate's Choice One of either; Ju-No-Kata or Goshin-Jitsu or Kime-No-Kata (Complete)	Candidate's Choice One of the three Kata not demonstrated for 2 nd Dan		
4. Goshin-Jitsu							
5. Kime-No-Kata							
6. Itsitsu-No-Kata							
7. Kaeshi-No-Kata Or 8. Go-No-Seno						Complete	

Kata maybe pre-assessed, if so approved. Otherwise Kata assessment is required on the day of contest.

FOR NON-CONTEST GRADES – AS UKE AND TORI							
	2 nd Kyu	1 st Kyu	1 st Dan	2 nd Dan	3 rd Dan	4 th Dan	5 th Dan
1. Katame-No-Kata	1 st Set	1 st & 2 nd Set	1 st & 2 nd Set	Complete		Candidate's Choice Any 2 Kata	Assessor's Choice Any 3 Kata from all or from a previous grading
2. Nage-No-Kata	1 st Set	1 st & 2 nd Set	Complete		Complete		
3. Ju-No-Kata	1 st Set	1 st & 2 nd Set	Complete	Candidate's Choice One of either; Ju-No- Kata or Goshin-Jitsu or Kime-No-Kata (Complete)	Candidate's Choice One of the three Kata not demonstrated for 2 nd Dan		
4. Goshin-Jitsu							
5. Kime-No-Kata							
6. Itsitsu-No-Kata				Complete	Complete		
7. Kaeshi-No-Kata Or 8. Go-No-Seno						Complete	

For grading of 2nd Dan & above, a record of which Kata has been demonstrated must be noted on the BJC licence, with the date, place & grade.

This would indicate a demonstration of a quality of Kata appropriate for to the grade achieved.

All Kata demonstrated must be essentially; to the BJC standard as found in the published BJC Kata Booklets.